

The book was found

The Ultimate Guide To Sex And Disability: For All Of Us Who Live With Disabilities, Chronic Pain, And Illness

T H E ULTIMATE GUIDE TO SEX AND DISABILITY

For all of us who live with disabilities,
chronic pain & illness

by Miriam Kaufman, M.D., Cory Silverberg, and Fran Odette



Synopsis

The Ultimate Guide to Sex and Disability is the first complete sex guide for people who live with disabilities, pain, illness, or chronic conditions. Useful for absolutely everyone, regardless of age, gender, or sexual orientation, the book addresses a wide range of disabilities - from chronic fatigue, back pain, and asthma to spinal cord injury, hearing and visual impairment, multiple sclerosis, and more. Expertly written by a medical doctor, a sex educator, and a disability activist, The Ultimate Guide provides listeners with encouragement, support, and all the information they need to create a sex life that works for them. The authors cover all aspects of sex and disability, including building a positive sexual self-image; positions to minimize stress and maximize pleasure; dealing with fatigue or pain during sex; finding partners and talking with them about sex and disability; adapting sex toys; and more.

Book Information

Audible Audio Edition

Listening Length: 11 hours and 35 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Cleis Press

Audible.com Release Date: November 19, 2011

Language: English

ASIN: B0069Z2WCY

Best Sellers Rank: #47 in Books > Audible Audiobooks > Health, Mind & Body > Sexuality
#160 in Books > Politics & Social Sciences > Social Sciences > Specific Demographics >
Disabled #428 in Books > Audible Audiobooks > Nonfiction > Reference

Customer Reviews

We are sexual beings. Some of us are dealing with disabilities that interfere with our sense of sensation and touch. We also are dealing with body image issues. This book encourages wholeness throughout the entire individualized process and offers tips to maintain or restore normalcy and romance to a relationship impacted by a disability.

I have never seen a book like this before! I am always looking for new information on how to cope with my disability. It is often assumed that people with disabilities are non-sexual or should be non-sexual... but this is a stupid idea and this is why the disabled community are so often abused

sexually and in relationships. There need to be more books like this!

Well written and full of essential information. Great job! Highly recommend!

A breath of fresh air for the physically challenged/disabled. Yes, romance is possible. Yes, physical intimacy is possible - and not solely the province of the perfect. This book should be in the library of any professional care/health provider who works with the physically disabled/challenged.

My only issue with this book is that 2/3 of the authors seem to be lesbians. I would have preferred a book that focused more on straight people of both genders. But I agree with the overall premise that disabled people like me ought not to have to say goodbye to any prospects of sexual relationships. I HAVE to agree with the premise. I'm a 58-year-old male virgin. Either I will experience sex as a disabled man, or I will never experience it at all!

It is informative to some level in the personal level as if you talking to a friend or looking friendly advice or tips online. Yet, on the academic level the information is not really there. Everything in this book can be found easily online for free. I had a paper to do on sex and disability and I thought this book will help and all the info was good but not useful for my paper, and I realize I knew the information already from researching online. Yet , I think its ok to have a print copy for future use or to give as a gift to someone with a disability.

This was a very informative read. A LOT of information presented in an easily understandable format. I would recommend it.

One of the best guides I've read. Highly recommended

[Download to continue reading...](#)

The Ultimate Guide to Sex and Disability: For All of Us Who Live with Disabilities, Chronic Pain, and Illness Sex: Sex Guide: The Perfect Sex Guide For Unbelievable Sex (Sex, Sex Guide, Sex Positions, Sex Addiction, Seduction, Sex Stories, Sex Books, Foreplay, Alpha Male, Relationships, Marriage) Sex Starved Marriage: Sex in Marriage: 31 Best Demonstrated Sex Positions Every Married Couple Should Try To Spice Up Their Sex Life (Scream, harder and longer, Sex positions, Sex Tips, Sex Guide) MARIJUANA: Guide To Illness And Pain Management (Medical Marijuana, Pain Management, Cannabis, Epilepsy, Cancer Treatment, Chronic Pain) Classification of Chronic

Pain: Descriptions of Chronic Pain Syndromes and Definitions of Pain Terms Lubkin's Chronic Illness: Impact and Intervention (Lubkin, Chronic Illness) Chronic Illness: Impact And Intervention (Lubkin, Chronic Illness) Bioethics and Disability: Toward a Disability-Conscious Bioethics (Cambridge Disability Law and Policy Series) Back Stretching: Back Strengthening And Stretching Exercises For Everyone (lower back pain, healing back pain, stretching exercises, back pain treatment, ... pain relief, stretching, back pain Book 1) Coping with Chronic Illness: *Neck and Back Pain *Migraines *Arthritis *Fibromyalgia*Chronic Fatigue *And Other Invisible Illnesses Hip Flexor Pain: The Ultimate Guide to Fix Tight Hip Flexors and Cure Tight Hips Life! (hip flexors, hip pain, hip flexor stretches, hip flexor, hip pain relief, hip joint pain, hips) How to Live Well with Chronic Pain and Illness: A Mindful Guide Brain Inflammation in Chronic Pain, Migraine and Fibromyalgia: The Paradigm-Shifting Guide for Doctors and Patients Dealing with Chronic Pain (Inflammation Mastery & Functional Inflammology) Anti Inflammatory Diet: Chronic Disease to Healthy Living - A Simple Guide (Chronic Pain, Arthritis, Joint Pain Book 1) Chronic Pain: Taking Command of Our Healing! : Understanding the Emotional Trauma Underlying Chronic Pain The Better Bladder Book: A Holistic Approach to Healing Interstitial Cystitis & Chronic Pelvic Pain[THE BETTER BLADDER BOOK: A HOLISTIC APPROACH TO HEALING INTERSTITIAL CYSTITIS & CHRONIC PELVIC PAIN] by Cohan, Wendy (Author) on Nov-09-2010 Paperback 200 Dirty Talk Examples: How to Dirty Talk your way to the Most Graphic, Mind-Blowing Sex of your Life (Sex Advice and Sex Tips to Improve Sex Life and have Better Sex) Sex: Sex Starved Marriage: 33 Demonstrated Sex Positions + 14 Best Tips On How To Last Longer, Make Her Scream And Be The Best Lover In Her Life (+FREE BONUS)(Sex and Marriage, Sex Positions Book) Kama Sutra: Best Sex Positions from Kama Sutra and Tantra to Skyrocket Your Sex Life (Kama Sutra, Sex Positions, How to have Sex, Tantric Sex) (Volume 1) XXX MATURE SEX Pictures 3: sex, porn, milf, mature sex, love girls, sex pictures, anime sex pictures

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)